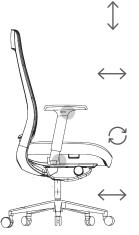
### At Work Task Chairs

#### **Adjustment Instructions**



FURNITURE MADE SIMPLE™

### 14D ARMREST



Press button under arm pad to adjust arm height.

Push arm pad forward or backward to adjust depth.

Twist arm pad inward or outward to adjust angle.

Press button at base of armrest to adjust width.

# 2 SLIDE SEAT



Control located on the right side under the seat.

Pull out control at seat bottom to slide the seat foward or backward.

## 3 ADJUST HEIGHT



Control located on the left side under the seat.

To lower seat, sit in the chair and engage the lever. Release when desired height is reached.

To raise the seat, shift your weight to your feet and engage the lever. The chair will rise automatically.

### 4 TILT LOCK



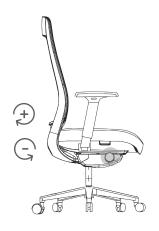
Tilt lock is located on the left side under the seat.

Tilt lock allows locking in five positions.

Rotate control outward to engage tilt lock.

Rotate control inward to release.

## 5 TILT TENSION



Control located on the right side under the seat.

Rotate control outward to increase tension.

Rotate control inward to release tension.



